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# FAIRFIELD

## Institute of Management & Technology

# NATIONAL SERVICE SCHEME Handbook

शाश्वतम्  
Eternal  
FIMT-NSS UNIT



*HELPING SOCIETY, WITH THE MOTTO*

# “NOT ME, BUT YOU”





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## INTRODUCTION

# About the National Service Scheme (NSS)



The **National Service Scheme**, commonly known as **NSS**, is a student-centered program in India aimed at fostering social responsibility, community engagement, and personal development among young people. Established in 1969, NSS is one of the largest youth volunteer organizations globally, with millions of students participating across the country.

At its core, NSS seeks to instill in students the values of empathy, compassion, and service towards society. Through various community service activities, NSS aims to bridge the gap between the privileged and the underprivileged, promote sustainable development, and address pressing social issues.






The NSS program operates under the Ministry of Youth Affairs and Sports in India and is implemented by universities, colleges, and other educational institutions. Participation in NSS is voluntary, allowing students from diverse backgrounds and disciplines to come together for a common cause.



# OBJECTIVES OF NSS

## WHAT DO WE DO?

The objectives of NSS are multifaceted :

-  **Community Service** : NSS encourages students to actively engage in community service projects aimed at uplifting marginalized communities, promoting health and hygiene, and improving the overall quality of life in rural and urban areas.
-  **Personality Development** : NSS emphasizes the holistic development of students by providing opportunities for leadership, teamwork, and self-reflection. Through hands-on experiences and interactions with diverse communities, students enhance their communication skills, critical thinking abilities, and social awareness.
-  **Social Integration** : NSS promotes inclusivity and social harmony by bringing together students from different socio-economic, cultural, and religious backgrounds. By working collaboratively towards common goals, students learn to appreciate diversity and develop mutual respect for others.
-  **Skill Enhancement** : NSS provides a platform for students to acquire practical skills and knowledge outside the classroom. Whether it's conducting health camps, organizing cleanliness drives, or implementing environmental conservation initiatives, students gain valuable experience that complements their academic learning.
-  **Youth Empowerment** : NSS empowers young people to become agents of positive change in their communities. By encouraging active citizenship and civic engagement, NSS cultivates a sense of responsibility and ownership among students towards the betterment of society.



# UNDER THE GUIDANCE OF OUR LEADERS



**Shri V.K.N. Bhardwaj - CHAIRMAN, FIMT**

**Shri V.K.N. Bhardwaj**, Chairman of Fairfield Institute of Management and Technology (FIMT), possesses extensive leadership experience and strategic acumen. His dedication to social welfare shapes FIMT's ethos, fostering innovation and academic excellence. He offers commendable mentorship to FIMT's NSS Unit, guiding volunteers with compassionate leadership and emphasizing community engagement. Under his stewardship, FIMT evolves as a premier institution, nurturing future leaders and making meaningful contributions to society.

**Prof. (Dr.) Saroj Vyas- DIRECTOR, FIMT**

**Prof. (Dr.) Saroj Vyas**, Director of FIMT, boasts a rich academic and leadership background, driving FIMT towards excellence in education and holistic student development. Her guidance profoundly impacts the NSS Unit, inspiring and supporting volunteers to contribute meaningfully to society. Dr. Vyas's dedication to social welfare and visionary approach are evident, shaping FIMT's success and fostering a culture of community engagement and academic achievement.



## OUR PROGRAMME OFFICERS



**MS.  
SHRADDHA  
SINGH**

**PROGRAMME  
OFFICER  
UNIT - I**

**Ms. Shraddha Singh**, an inspiring Programme Officer of NSS and a dedicated academician, exemplifies a deep commitment to nurturing empathy, leadership, and civic responsibility among students. Through her tireless efforts in the realm of education and community service, she has spearheaded numerous impactful initiatives that resonate with purpose and social relevance. Under her guidance, the NSS Unit at FIMT thrives as a hub of meaningful engagement and progressive action.

**Dr. Vikash Kumar Singh**, NSS Programme Officer, catalyzes social change by instilling community service values in students. He passionately guides them through real-world issues, organizing drives and aiding underprivileged communities. His dedication lays a strong foundation for youth empowerment in service, shaping a future where students serve their communities with selflessness and dedication.



**DR. VIKASH  
KUMAR  
SINGH**

**PROGRAMME  
OFFICER  
UNIT - II**

# BASIC CONCEPTS OF NSS

## HOW NSS WORKS ?

**NSS**, a government-sponsored initiative, recruits college students to volunteer for community service and nation-building. Operating within educational institutions, NSS offers orientation and training, fostering familiarity with its goals and protocols. Volunteers collaborate with coordinators, utilizing community needs assessments to plan and execute projects. These initiatives span environmental conservation, health awareness, and literacy. Engaging with community members, volunteers ensure project relevance and effectiveness while fostering relationships. NSS cultivates social values like empathy, teamwork, and civic responsibility through active participation, promoting holistic development among youth volunteers during their college or university years.

## OUR COMMUNITY SERVICE TO SOCIETY

### Adoption & Social Work in Villages/ Slums Areas



NSS plays a vital role in uplifting slum and village communities through various initiatives. From providing healthcare and education services to organizing skill development programs and awareness campaigns, NSS volunteers actively contribute to improving the lives of residents, fostering sustainable development and empowerment.

### Health Camp Drives



NSS organizes vital health camps to provide accessible medical services to underserved communities. These camps offer free health check-ups, consultations, and medical treatments, addressing prevalent health issues. NSS volunteers collaborate with healthcare professionals to improve community well-being and ensure everyone has access to essential healthcare services.

### Cleanliness Drives and Awareness Campaigns



NSS conducts impactful cleanliness drives and awareness campaigns to promote hygiene and sanitation. Volunteers organize community clean-up efforts, distribute educational materials, and engage in door-to-door campaigns to raise awareness about the importance of cleanliness, fostering a culture of health and well-being in society.



# Major Activities and Camps

## National Integration Camp (NIC)

The National Integration Camp (NIC) is organized every year and the duration of each camp is of 7 days with day-night boarding & lodging. These camps are held in different parts of the country. Each camp involves 200 NSS volunteers to undertake the scheduled activities with the purpose of cultural integration between different states.



## National Adventure Camp

Adventure Camps are held every year which are attended by approximately 1500 NSS volunteers with at least 50% of the volunteers being girl students. These camps are conducted in Himalayan Region (Manali, Dharamshala, etc.) in the North and Arunachal Pradesh in North East region. The adventure activities undertaken in these camps includes trekking of mountains, rock climbing, camping, river crossing, water rafting, Para-sailing and basic skiing.





# Major Activities and Camps

## NSS Republic Day Parade Camp

The first Republic Day Camp of NSS Volunteers was held in 1988. The camp takes place in Delhi between 1st and 31st January every year with 200 NSS selected volunteers who are good in discipline, March-past and cultural activities. A Contingent of selected NSS volunteers participates in the Republic Day Parade at Rajpath, New Delhi on 26th of January every year in accordance with the guidelines and requisition of the Ministry of Defence.



## National Youth Festivals

National Youth Festivals are organized every year from 12th to 16th January by the Government of India, Ministry of Youth Affairs & Sports in collaboration with the State Governments in different parts of the country. Eminent guests, speakers and youth icons are invited to address and interact with about 1500 participating NSS volunteers during the National Youth Festivals.



# NSS EVENTS & ACTIVITIES



## DONATION DRIVE

The NSS Unit of FIMT conducted the Comfort Kit Campaign: A Sanitary Napkin Donation Drive at the FIMT Campus. The Donation Drive was organized with a strong commitment to promoting menstrual hygiene awareness and supporting underprivileged women and girls



## POSHAN PAKHWADA

NSS Cell conducted an Awareness Campaign on Poshan Pakhwada at Daulatpur village. The primary objective of the Poshan Pakhwada Awareness Campaign was to address the issue of malnutrition among children, pregnant women, and lactating mothers.



## FLAG HOISTING

On the occasion of the 76th Republic Day of India, NSS unit organised Flag hoisting ceremony at Jhatikara village, New Delhi. All the villagers enthusiastically participated in the event which showcased India's democratic heritage and unity.



## JAI BHEEM PADYATRA

To mark the 134th birth anniversary of Dr. B.R. Ambedkar, the NSS volunteers of Fairfield Institute of Management and Technology (FIMT) enthusiastically participated in a Padyatra (Foot March) followed by a Pledge Ceremony. The event was organized to honour the legacy and ideals of Babasaheb Ambedkar—India's chief architect of the Constitution and a crusader for social justice and equality.



# NSS EVENTS & ACTIVITIES



## BLOOD DONATION DRIVE

The FIMT-NSS Cell, in collaboration with V Care Hospital, successfully organized a Blood Donation Drive on 17th April 2025 at the FIMT Campus. The initiative aimed to raise awareness about the critical importance of blood donation in saving lives and to bridge the gap between the demand for and availability of safe blood.



## POSTER MAKING COMPETITION

The Fairfield Institute of Management and Technology (FIMT) organized a Poster Making and Poem Writing & Retention Competition under the NSS Cell on 14th February 2025. The event aimed to raise awareness about critical social issues like prevention of drug abuse and encourage creative expression among students.



## VIKRAMOTSAV 2025

The students of the National Service Scheme (NSS) unit of Fairfield Institute of Management and Technology (FIMT) actively participated in the grand cultural event Vikramotsav 2025. This theatrical spectacle, organized by the Government of Madhya Pradesh, was a vibrant tribute to the legendary ruler Emperor Vikramaditya of Ujjayini; an icon of courage, justice, and wisdom in Indian history.



## REPUBLIC DAY CELEBRATION

On the occasion of the 76th Republic Day, NSS (National Service Scheme) unit and School of Education of FIMT college has organised a Republic Day Celebration at FIMT Campus, New Delhi in which all the students came together to celebrate India's vast culture and heritage. The event, held on 24th January 2025, on the theme of Swarnim Bharat: Virasat aur Vikas.



# MEET THE TEAM

## SAHIL CHAUHAN

### HEAD BOY - UNIT I

Sahil Chauhan serves as the Head Boy of NSS Unit-I of FIMT. He exemplified outstanding leadership throughout his four years in BA-LLB. He has represented Delhi at the NSS National Adventure Camp of 2022 at McLeod Ganj, Himachal Pradesh, which is commendable. His dedication, commitment, and passion towards serving the community through NSS activities has been truly inspiring. Under his guidance, our NSS Unit has achieved remarkable milestones, making a positive impact.



### HEAD GIRL - UNIT I

## GEETANSHI DUBEY

Geetanshi Dubey, a third-year BBA student, serves as the Head Girl of NSS Unit 1. Her journey with NSS has been a remarkable experience of leadership, learning, and service. Leading various social initiatives such as awareness drives, cleanliness campaigns, and community engagement programs helped her grow both personally and professionally. It instilled in her a strong sense of responsibility, teamwork, and compassion.



## SUNNY SHARMA

### HEAD BOY UNIT II

Sunny Sharma, a student of 3rd year currently, serving as the NSS Head Boy of Unit-2. NSS has not only instilled in a sense of responsibility and discipline but also nurtured a deep-rooted commitment to community service and nation-building in him. He was selected for the National Integration Camp (NIC) held in Hisar, where he had the opportunity to represent his unit and interact with fellow volunteers from across the country.



Gurbani Sharma, a 4th-year BBA-LLB student, currently serves as the NSS Head Girl (Unit-2). During her time, she has exhibited exceptional dedication and enthusiasm toward the advancement of her NSS Unit. Her consistent efforts, impactful contributions, and collaborative spirit have significantly enriched the Unit's activities, setting an inspiring example for fellow volunteers.



## GURBANI SHARMA

### HEAD GIRL UNIT II

# OUR NSS ALUMNI

Among the numerous volunteers who have been a part of our initiatives, there are some exceptional ones, whose significant contributions and unwavering support have inspired and motivated us all, leaving a lasting impact. Introducing our notable alumni who continue to make the society better through their daily contributions...



**Vinayak Consul**

**Vinayak Consul**, former **Head Boy** of NSS-FIMT, epitomizes exceptional character and leadership qualities. He spearheaded numerous social welfare activities within NSS, excelling at both college and university level. Vinayak's remarkable achievements include successfully representing Delhi at **National Integration Camp, Pre-Republic Day Camp, and Republic Day Camp** during his tenure. His dedication and impactful leadership have left a lasting impression on the NSS community, inspiring others to follow on his ideals and values.

**K. Salini**, former **Head Girl** of NSS-FIMT, is an inspiring and dedicated volunteer who has represented NSS in numerous social welfare endeavors. Her notable achievements include representing Delhi at both the **Pre-Republic Day Camp** and the **National Integration Camp**. Salini's passion for service and leadership qualities make her a valuable asset to the NSS community.



**K. Salini**



**Anushka Juyal**

**Anushka Juyal**, former Team Head of NSS-FIMT, is characterized by her exemplary dedication and strong moral fiber in social welfare activities. She has been associated with the Each One Feed One initiative, demonstrating her compassion and commitment to helping those in need. Anushka's exceptional leadership skills have guided her team with great excellence, leaving a positive impact on the community.

**Khushi Yadav**, former team head of NSS-FIMT, exudes a helping nature and possesses a remarkable passion for aiding others. She has actively participated in various initiatives, including donation drives and cleanliness drives, showcasing her dedication to community welfare. Khushi's commitment to serving others reflects her altruistic spirit and unwavering desire to make a positive impact in society.



**Khushi Yadav**



**Sarthak Singh**

**Sarthak Singh**, a dedicated NSS Volunteer, has played a crucial role in various events such as donation drives, march past events, and facilitating the NAAC visit. His active involvement and commitment have significantly contributed to the success of these initiatives, demonstrating his passion for community service and his willingness to make a positive impact on society.

**Ashwani Kumari**, former Team Head of NSS-FIMT, is characterized by her outstanding attitude and unwavering dedication to all NSS activities. She has actively participated in cleanliness drives and awareness campaigns, demonstrating her commitment to community service. Ashwani's notable achievement includes representing Delhi at the **NSS National Adventure Camp of 2022**, showcasing her leadership and adventurous spirit on a national platform.



**Ashwani Kumari**



# OUR VOLUNTEER'S TESTIMONIALS



## HARSHITA SANSANWAL

BA LLB

*"As an NSS volunteer, I have learned the true meaning of service and responsibility. NSS has given me the platform to contribute to society through activities like cleanliness drives, awareness campaigns, and helping the underprivileged. The motto "Not Me, But You" has taught me selflessness and teamwork. Through my journey, I have developed leadership skills, discipline, and a deep sense of social commitment."*



## YASHIKA KARDAM

B.A.LLB

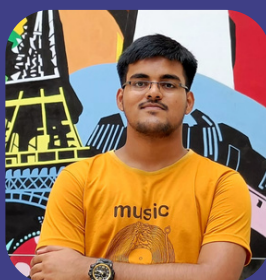
*"As an NSS volunteer of FIMT, I am committed to community service and social awareness. Through cleanliness drives, blood donation camps, and rural outreach, I strive to make a meaningful difference beyond the classroom. NSS has shaped me into a responsible, aware, and active citizen. NSS has taught me discipline, leadership, and empathy. It has given me a platform to serve the underprivileged, to raise my voice against social evils, and to understand the real India beyond textbooks."*



## SAGAR PANDEY

B.A.LLB

*"As an NSS volunteer at FIMT, I have cultivated patience, discipline, and a strong commitment to social work. I am immensely grateful for the opportunities afforded to me as a member of this esteemed society. NSS at FIMT plays a crucial role in promoting essential social values and instilling the understanding that serving our community is a fundamental duty of every individual."*



## AKASH SINGH

BCA

*"As a dedicated NSS volunteer at FIMT for two years, I've actively participated in a variety of impactful community service initiatives, ranging from cleanliness drives to volunteering for college events. These experiences have not only allowed me to contribute meaningfully to my community but have also nurtured essential skills such as teamwork, leadership, and a strong sense of camaraderie. Being part of NSS has been immensely rewarding, and I look forward to further personal growth and continued service within this nurturing platform."*



## BINITA CHHETRI

B.A.LLB

*"Participating in NSS has been an enlightening journey, offering profound insights into our society and avenues for its enhancement. Through my involvement, I've honed crucial social skills that transcend into both my personal and professional realms. Volunteering with NSS has been instrumental in cultivating patience and bolstering my confidence, enriching my overall outlook on life."*



# OUR VOLUNTEER'S TESTIMONIALS



**TANISHKA UNIYAL**

**B.COM**

*"As an NSS volunteer of FIMT, I am committed to community service and social awareness . Through cleanliness drives,blood donation camps , and rural outreach , i strive to make a meaningful difference beyond the classroom . NSS has shaped me into a responsible , aware , and active citizen. NSS has taught me discipline , leadership , and empathy."*



**CHHAVI GOEL**

**BA.ENG**

*"Being a part of NSS events at FIMT fills me with gratitude and pride. Through these experiences, facilitated by FIMT, I've learned new qualities and earned merits, developing skills that were previously unfamiliar to me. The opportunities to help others and work within groups and individually, provided by FIMT, have been invaluable in shaping my personal growth and enriching my overall experience."*



**ANANYA PANDEY**

**BBA.LLB**

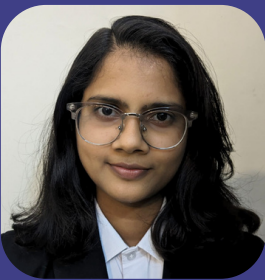
*"During my tenure in NSS at FIMT, I've engaged in diverse community service projects, from cleanliness campaigns to college event support. These initiatives, aided by our college, helped develop my teamwork, leadership, and camaraderie. Being part of NSS at FIMT has been immensely fulfilling, and I'm excited to continue growing and contributing in this supportive environment."*



**TAMANNA DAS**

**BA.LLB**

*unteering with the NSS at Fimt has been a deeply enriching journey for me. Through active participation, I have learned new skills and gained valuable insights, which have helped me evolve both personally and socially. This experience has strengthened my social personality, enhancing my confidence, empathy, and teamwork abilities.*



**MAYURI PATEL**

**BA.LLB**

*"It has been an amazing journey since I've joined NSS at FIMT. Through engaging in diverse activities, I've had the privilege to explore various places, fostering a deeper understanding of humanity. It's a fulfilling journey that not only broadens your horizons but also instills a profound sense of empathy and compassion."*

# FAQs

## WHAT IS THE OVERALL OBJECTIVE OF NSS ?

- ➔ Development of Student's personality through community service.

## WHEN IS THE NSS DAY OBSERVED ?

- ➔ The NSS day is observed on 24th September every year.

## WHAT ARE THE PRINCIPAL ELEMENTS OF NSS?

- ➔ There are four principal elements in the NSS programme process; they are Students, Teachers, Community and the programme.

## HOW CAN ONE JOIN NSS?

- ➔ Simply by enrolling/registering yourself in NSS unit through the Programme Officer concerned. However, before joining you must be a bona fide student of the institution.

## HOW MUCH TIME I WILL HAVE TO DEVOTE AS AN NSS VOLUNTEER?

- ➔ Total 240 hours social service in two years duration. Of which 20 hours for orientation course, 30 hour for campus work and remaining 70 hours for community services in a year. Further a seven-day special camp will be attended by the NSS Volunteer in the adopted village.

## IF I COMPLETE ONLY 120 HOURS OF SOCIAL SERVICE IN NSS, WILL I GET ANY CERTIFICATE?

- ➔ You will get only certificate for completing one year social service under the aegis of NSS by your institution.

## HOW CAN I PARTICIPATE IN REPUBLIC DAY PARADE CAMP AT RAJ PATH, NEW DELHI?

- ➔ You will have to get through the NSS Pre-Republic Day Parade Camp organized before Republic day at regional level. Also you must have to be a good physical health and measurements as prescribed by the Ministry of Youth affairs & Sports.

## DOES JOINING NSS HAVE ANY ACADEMIC BENEFITS?

- ➔ Yes. Two credits will be assigned under NUES for all successful volunteers who complete 240 hours of regular activities and seven day special camp activities during their course of study.

## WHAT IS MEANT BY NSS SPECIAL CAMPING PROGRAMME?

- ➔ NSS Camp of 7 days duration in the adopted village/slum area.

## WHAT ARE THE PHYSICAL CRITERIA FOR PARTICIPATION IN NSS REPUBLIC DAY CAMP?

- ➔ Beside good physical health, height of 155-165 cm for female volunteers and 165-175 cm is required for male volunteers.

## WHAT IS NSS DIARY?

- ➔ Volunteers day-to-day regular work report and camps report are recorded in a note book





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