

B.ED GUIDANCE AND COUNSELLING 214

S.NO	QUESTION	OPTION1	OPTION 2	OPTION 3	OPTION 4	ANSWER
1	Main objective of educational guidance is to bring change in	Psychological Development of the child	responsibility of self direction	Both A & B	None of the Above.	C
2	Guidance is a process of	giving advice to the child	teaching ethics to the Child	providing information to the child	assisting the child in making wise choice	D
3	What is <i>not</i> the principle of Guidance	Holistic development of individual	Acceptance of individual needs	Not a continuous process	Recognition of individual needs and difference	C
4	A guidance program is to be established in a new public school that has just opened. The first step in developing the guidance program is to	the school's instructional goal	Devise behavioral objectives for class management	Decide on minimum competency level for student's progress to higher grade level	Survey the guidance and counselling needs of the student body	D
5	At secondary stage of schooling, students need guidance	For planning future higher education	For planning a change of school	For planning a job	for creating a portfolio	A
6	Psychological guidance does <i>not</i> focuses on	Problems related to feeling of insecurity	The individuals' adjustment to his emotional problems	Problems leading poor self concept and self esteem	Problems related to adjustment in work environment	D
7	Teacher as a guide	only 1	only 2	1 and 2	all of these	C
	1. Assist students to make adjustment in institution					
	2. Increasing his or her effectiveness in personal and social activities.					
	3. Promote student's individuality					
8	In a school a class teacher daily talks to his /her students in respect of how to make better use of reading room and laboratory and improve performance in the subject. His/her	Personal guidance	Educational guidance	Directive counseling	Information service	B
9	For an effective non directive counselling session, which one the following will be most essential	Training of the counsellor	Establishing a rapport with a client	Expertise in using tests	Conversational fluency	B

B.ED GUIDANCE AND COUNSELLING 214

S.NO	QUESTION	OPTION1	OPTION 2	OPTION 3	OPTION 4	ANSWER
10	Which type of counseling cannot be utilized in institutions such as the school	Directive	Non directive	Eclectic	None of these	B
11	Counselling process is	Unstructured way of helping a person called client	An individual effort to bring solution of a problem	A planned structured dialogue between client and counselee	A way to deal with the problem	C
12	Which statement is <i>not</i> true	Emotions are strong feeling deriving from one's circumstances	Emotions and mood are same	Emotions are specific reactions to a particular event	Emotions, often called feelings	B
13	The term Emotional Intelligence is given by	Daniel Goleman	Piaget	AJ Jones	Carl Rogers	A
14	What is the first steps of self discovery	Asking people about yourself	Self assessment	Thinking about past	Making conscious plans for future	B
15	Special populations refer to	A group of rich people	A group of disadvantaged individuals	A group of small marginalized children	A group of tribes	B
16	Which of the following is an example of a	Mental retardation	Dyslexia	ADHD	Autism	B
17	What is the function of inclusive education?	Can help break the cycle of poverty and exclusion;	Enables disabled children to stay with their families and communities;	Can improve the quality of education for all	All of these	D
18	The centrally sponsored scheme providing support for the inclusion of children with disabilities in general schools at the elementary	CIET	SSA	RMSA	None of the above	B
19	The strategies to create Inclusive education environment is /are-	Co-operative learning	activity based learning	Creation of accessible	all of the these	D
20	For hearing and speech impairment most suitable teaching strategy or strategies can be-	Avoid fast reading and avoid talking while writing in chalk boards	Clear voice and supplement listening	Only is a or only b	Both a and b	D
21	What are values	A set of action	A set of basic and fundamental beliefs	A set of personal qualities	A set of experiences	B
22	. In Multicultural counselling the counsellor is aware of his	Petty wishes and selfishness	Behavior toward clients	Own personal problems	Client's different caste and beliefs	D

B.ED GUIDANCE AND COUNSELLING 214

S.NO	QUESTION	OPTION1	OPTION 2	OPTION 3	OPTION 4	ANSWER
23	. Critical thinking is a process of	negatively evaluate and critically judge anyone	Finding out the best way of living	using a mix of research, analysis, questioning and exploration of new ideas	Concentrating on the problems in order to solve it.	C
24	Special schools are required for the quality of educational oppourtunities among	Talented students	Backward students	Physically challenged students	SC/ST students	C
25	What are the barriers of Inclusive Education in Indian context?	Discriminating attitude of the society	Lack of education and knowledge	Only a or only b	Both a and b	D
26	Which skill is not required in managing one's emotions	Self awareness	Communication	Motivation	Self regulation	B
27	Which of the following is true about emotional intelligence	Having a high IQ ensure a high EQ	Having a high IQ does not ensure a high EQ	Those having no amount of IQ and EQ are Emotional intelligent	None of the above	B
28	Counsellor's skill of listening includes	All nonverbal phenomena	Testing	Communication	Questioning	A
29	Which of the statement is <i>not</i> correct in the case of Online counselling	It need no resources	Online Service provides as edge over face to face counselling	It's time saving	It is easily accessible from any place	A
30	The first step of counselling process is	Problem assessment	Goal setting	Counselling intervention	Relationship building	D
	SUBJECTIVE QUESTIONS					
31	How educational guidance is different from vocational					
32	Describe the types of Counseling.					
33	In Guidance and Counseling Which is broader and comprehensive in nature? Why?					
34	What are the skills required to manage emotions?					
35	Why special schools are required?					